

Update on Clinical and Methodological Recommendations for Genotypic Determination of HIV tropism to Guide the Usage of CCR5 Antagonists

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Abstract

The genotypic determination of HIV tropism to guide the use of maraviroc, the first CCR5 antagonist with specific antiviral activity against CCR5 (R5)-tropic HIV variants, has been widespread in the last two years. Retrospective analyses from maraviroc clinical trials (MOTIVATE and MERIT) demonstrated that specific genotypic tools and the phenotypic assay Trofile™ are comparable in predicting virologic response to maraviroc. Moreover, recent studies performed in cohorts of patients outside clinical trials have reported overall rates of virologic response to maraviroc up to 82% in patients harboring HIV R5-tropic variants according to genotypic tools. Specific technical requirements as well as recommendations for proper HIV tropism determination in the clinical setting have been improving, according to new data reported in several studies related with this issue. This review updates clinical and methodological recommendations for genotypic determination of HIV tropism to guide therapeutic decisions using CCR5 antagonists, considering the most recently reported data. (AIDS Rev. 2012;14:208-17)

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Key words

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Introduction

During the HIV entry process, CD4-gp120 interaction induces conformational changes in the viral envelope that expose a chemokine receptor binding site and

consequently allow the CD4-gp120 complex to interact with a chemokine coreceptor, typically CCR5 or CXCR4. The CD4-gp120 complex binds to either coreceptor through interactions mainly with the V3 region of gp120, though other HIV gp120 regions, such as V1/V2, C4, and the bridging sheet, are also involved¹. The use of CCR5 or CXCR4 coreceptors by HIV is mainly determined by the amino acid sequence of the V3 region of gp120. Accordingly, HIV isolates are classified as either R5 tropic, X4 tropic, or dual/mixed tropic, depending on their coreceptor use². The term “dual/mixed” refers to isolates that may contain true dual-tropic particles that can use either or both chemokine coreceptors or mixtures of viruses that exclusively use CCR5 and others that use CXCR4.

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The CCR5 antagonists represent the second class of HIV entry inhibitors approved for the treatment of HIV infection that exclusively inhibit replication of R5-tropic HIV variants. Maraviroc (Selzentry®) is so far the only CCR5 antagonist approved for treatment of HIV infection³. It is an allosteric inhibitor of the CCR5 chemokine coreceptor, orally bioavailable, and binds to the transmembrane coreceptor cavity within the 2, 3, 6, and 7 helix⁴. Following binding, CCR5 coreceptor conformational changes occur, especially in the second extracellular loop (ECL2) region, which ultimately inhibits the interaction of the ECL2 with the V3 region of gp120, and consequently the HIV entry process.

Due to its mechanism of action, the antiviral activity of CCR5 antagonists is limited to R5-tropic variants, and the presence of detectable X4 or R5/X4 dual-tropic viruses has been associated with therapeutic failure using CCR5 antagonists⁵⁻⁷. Therefore, determination of HIV coreceptor usage is required before recommending treatment with this drug family. Several phenotypic and genotypic assays have been developed to determine HIV tropism in clinical samples^{8,9}.

The Trofile™ phenotypic assay (Monogram Biosciences, USA), which is based on recombinant virus technology, has been extensively utilized to provide tropism information in clinical trials, showing good correlation with virologic outcomes¹⁰. However, this method displays logistical (specimens must be shipped to the reference laboratory in the USA) and technical (> 15% of specimens are non-reportable) limitations that make it far from convenient as a diagnostic test in clinical practice. Genotypic assays, based on analysis of the V3 region, represent a more feasible alternative to phenotypic assays since they are more rapid, cheaper, and more widely available among laboratories specializing in HIV diagnosis¹¹. The use of specific genotypic tools such as geno2pheno and PSSM have demonstrated, in retrospective analyses of maraviroc trials (MOTIVATE/A4001029 and MERIT)¹²⁻¹⁴ and different studies performed in cohorts of HIV-infected patients outside clinical trials¹⁵⁻¹⁸, their ability to predict virologic responses to a CCR5 antagonist-based therapy, even though their sensitivity to detect X4 variants is lower compared with Trofile™¹⁹⁻²³.

Specific technical requirements and recommendations for a proper HIV tropism determination in the clinical setting have been recorded in several guidelines for the treatment of HIV-infected patients. Indeed, a consensus document on HIV-tropism determination proposed by a Spanish panel of experts in 2010²⁴ and the European guidelines published in 2011²⁵ specifically

record the main clinical and methodological recommendations for genotypic determination of HIV coreceptor usage in the clinical setting. During the last two years, new relevant data have emerged from several studies related with this issue that require consideration for a more reliable determination of HIV tropism. In this context, the Spanish panel of experts met again to analyze and discuss the new published data and include it in a new document by consensus. This review updates clinical and methodological recommendations for genotypic determination of HIV tropism to guide therapeutic decisions using CCR5 antagonists, considering the most relevant data recently published.

HIV tropism determination in the clinic: the widespread of genotypic methods

The phenotypic assay Trofile™ has been extensively used to provide tropism information in the pivotal maraviroc clinical trials, and accordingly it has been widely used to date. The MOTIVATE/A4001029 and MERIT trials demonstrated the ability of Trofile™ to identify responders and nonresponders to maraviroc-based therapy¹²⁻¹⁴, but also revealed its limitations for the detection of minority X4-tropic variants associated with virologic failure to maraviroc⁵⁻⁷. Consequently, Monogram Biosciences developed an enhanced sensitivity tropism assay (ESTA), which is 10- to 100-fold more sensitive for detecting X4 minor populations²⁶. In June 2008, ESTA replaced the original Trofile™ assay used in the pivotal clinical trials. Initially, the current version of Trofile™ to determine HIV tropism was retrospectively validated in the MERIT trial. ESTA reclassified as dual/mixed nearly 15% of viruses from samples originally scored as having R5 at baseline by the original Trofile™. However, a detailed analysis of the results showed that even though the higher sensitivity of the new version to detect minority X4 variants, ESTA seems not improve the ability of the assay to discriminate between responders and nonresponders to maraviroc, since nearly 43% of patients reclassified as dual/mixed had reached HIV RNA < 50 copies/ml at week 48, even harboring detected X4 variants^{5,27}. More recently, ESTA was also retrospectively validated in treatment-experienced patients in the MOTIVATE/A4001029 trials to identify responders and nonresponders to maraviroc¹⁴.

In addition to Trofile™, other phenotypic methods have been designed for HIV tropism determination, mainly based on cloning or recombination of polymerase chain reaction (PCR)-amplified sequences encompassing partial regions of the gp160 envelope. The

Table 1. Genotypic rules and algorithms for determining viral tropism

Methodology	Principle
Rules and algorithms	
– 11/25 rule ⁴⁰	R or K at position 11 and/or 25 is associated with an X4-tropic phenotype
– 11/24/25 rule ⁴¹	R or K at positions 11, 24, or 25 is associated with an X4-tropic phenotype
– Net charge ⁴²	K+R – (D+E) ≥ 5 is associated with an X4-tropic phenotype
– Wetcat ⁴⁶ (http://genomiac2.ucsd.edu:8080/wetcat/v3.html)	
– Geno2pheno ⁴⁷ coreceptor (http://coreceptor.bioinf.mpi-inf.mpg.de/index.php)	HIV tropism predictions are inferred from genotypic/phenotypic paired dataset employing statistical methods. These algorithms for HIV tropism interpretation are freely available on websites
– WebPSSM ⁴⁸ (http://indra.mullins.microbiol.washington.edu/webpssm)	At this time, geno2pheno is one of the most accepted and widely used algorithms for genotypic determination of viral tropism
– Fortinbras PSSM (http://fortinbras.us/cgibin/fssm/fssm.pl)	
Deep sequencing	<p>This technology allows investigating whether a higher sensitivity for the detection of X4-tropic minority variants might improve the ability to identify responders and nonresponders to maraviroc-based therapy. The best cutoff for the detection of X4 variants is still controversial</p> <p>It is a sophisticated and expensive method that is only available in a few research facilities. However, these limitations are being resolved with the advent of new cheaper generations (454 junior) of this technology and new useful tools for the interpretation of results (geno2pheno-454)</p>

R: arginine; K: lysine; D: aspartic acid; E: glutamic acid.

sensitivity and specificity of some of these assays to detect X4 variants have been validated using Trofile™ and/or ESTA as gold-standard²⁸⁻³⁸.

Genotypic assays represent a more feasible alternative to phenotypic assays since they are more rapid, cheaper and more broadly available among laboratories specialized in HIV diagnosis. Since the early 1990s, several rules and algorithms have been developed to predict HIV-coreceptor usage based on V3 sequences. Many of them are now freely available via publicly accessible websites⁵. Table 1 summarizes the main methodological characteristics of genotypic rules and algorithms for determining viral tropism³⁹⁻⁴⁹.

The validation of genotypic tropism prediction methods do rather than a perfect concordance with the Trofile™ (or ESTA) assay and evidence a similar ability to correctly identify patients who will benefit from the use of maraviroc. In this context, recent studies have evaluated

the reliability of genotypic tropism prediction tools to guide the therapeutic use of CCR5 antagonists¹²⁻¹⁸.

A retrospective analysis of the MOTIVATE trials¹² has demonstrated that specific genotypic tools and the Trofile™ assay are comparable in predicting virologic response to maraviroc, although the sensitivity to detect X4 variants of the genotypic algorithms used, geno2pheno (FPR 5%) and PSSM, was 63 and 59%, respectively, compared with Trofile™. Likewise, a re-analysis of the MERIT trial demonstrated the ability of geno2pheno-5.75% to identify responders and nonresponders to maraviroc similarly to ESTA, even when the sensitivity to detect X4 variants was 55% compared with ESTA¹⁴. More recently, a retrospective analysis of MOTIVATE/A4001029 in treatment-experienced patients demonstrated the feasibility of geno2pheno-5.75% and geno2pheno-10% to identify responders and nonresponders to maraviroc similarly to ESTA¹⁴.

Table 2. Rates of virologic response to maraviroc based on genotypic determination of HIV tropism outside clinical trials

Study	Patient population	Clinical setting	Type of sample (plasma vs. proviral DNA)	% of patients reaching or maintaining < 50 copies/ml after starting maraviroc-based therapy
Obermeier, et al. ¹⁵	n = 160	Salvage therapy (HIV RNA > 50 copies/ml) and patients with HIV RNA < 50 copies/ml	Both*	69% at week 96 for pooled groups of patients
Seclén, et al. ¹⁶	n = 62	Salvage therapy (HIV RNA > 50 copies/ml) and immune recovery or toxicity/intolerance switches (HIV RNA < 50 copies/ml)	Both	83% at week 96 in salvage therapies. 92% at week 96 in patients with baseline HIV RNA < 50 copies/ml
Chueca, et al. ¹⁷	n = 54	Simplification (dual regimen with maraviroc + darunavir/r; HIV RNA < 50 copies/ml)	DNA	87% at week 24
Bellecave, et al. ¹⁸	n = 71	Patients with suppressed plasma viremia (HIV RNA < 50 copies/ml)	DNA	88% at week 36 82% at week 48

*Tropism information was inferred either from phenotypic assays in plasma or genotypic assays in plasma and proviral DNA.

New reports have shown results from studies outside clinical trials performed in different European cohorts in whom the virologic response to maraviroc has been evaluated based on a genotypic determination of viral tropism. Overall, the results obtained have shown rates of virologic response to maraviroc up to 82% in those patients in which HIV variants were classified genotypically as R5-tropic viruses¹⁵⁻¹⁸ (Table 2).

Moreover, the contribution of baseline CD4⁺ counts and the drugs administered along with maraviroc for achieving viral suppression has been highlighted by recent studies⁵⁰. Valdez, et al. showed that a weighted, optimized background treatment susceptibility score, rather than low-level X4 viruses at baseline, was the strongest predictor of virologic response at 48 weeks in the MOTIVATE trials⁵¹. Therefore, the activity of the accompanying drugs is of paramount importance to enable maraviroc to benefit patients with a low proportion of X4 variants. Therefore, in the contemporary therapeutic context, with potent drugs available to be given along with maraviroc, the presence of X4 variants most likely might have only a minor impact on virologic outcomes.

In view of these data, different guidelines for HIV infection management, such as the Spanish (<http://www.gesida.seimc.org>)⁵², British (<http://www.bhiva.org/Tropism.aspx>)⁵³, and European (<http://www.europehivresistance.org>)⁵⁴

guidelines, specifically include within their recommendations the use of genotypic methods to guide the clinical use of CCR5 antagonists. Moreover, as previously mentioned, Spanish²⁴ and European²⁵ recommendations have been published to guide the use of CCR5 antagonists in clinical practice, based on the genotypic determination of viral tropism.

In this context, the use of genotypic methods for HIV tropism determination has rapidly spread over the last two years in Europe, replacing the initial phenotypic assay. In the USA, the experience with genotypic methods is more limited because there are fewer logistical barriers to obtain HIV tropism determination by TrofileTM since the reference laboratory (Monogram Bioscience) is based in the USA.

Update on clinical recommendations for genotypic determination of HIV tropism

Current HIV treatment guidelines recommend HIV tropism testing whenever the use of a CCR5 inhibitor is being considered. Overall, the European guidelines are more disposed to use genotypic assays than the USA's since the experience with this methodology in the USA is more limited. The following are the main recommendations for genotypic determination of HIV tropism, considering specific clinical settings (Table 3).

Table 3. Clinical recommendations for determining HIV tropism in the clinical setting

Patient population	Recommendation grading	Specific recommendation
Drug-naïve HIV-infected patients candidates for antiretroviral therapy initiation	BIII	When maraviroc is considered as a therapeutic option (presence of primary resistance or toxicity/intolerance to first-line regimen or pharmacokinetic interactions), perform HIV tropism test closest to antiretroviral therapy initiation (1-3 months before)
Antiretroviral-experienced patients	AIII	Tropism test must be done in each treatment failure and results seen simultaneously to genotypic resistance tests
Antiretroviral-experienced patients under suppressive antiretroviral therapy	CIII	In the context of a switch to maraviroc for any reason. It is recommended to perform HIV tropism test from proviral DNA or from viremic stored plasma samples right before the initiation of beginning a suppressive antiretroviral therapy

Strength of recommendation. A: strong recommendation for the statement; B: moderate recommendation for the statement; C: optional recommendation for the statement.
 Quality of evidence for recommendation. I: one or more randomized trials; II: one or more well-designed, nonrandomized trials; III: expert opinion.

Drug-naïve HIV-infected patients (BIII)

To date, there is no data to extend the recommendation for HIV tropism determination in patients who are going to start antiretroviral therapy. However, the U.S. Department of Health and Human Services (DHHS)⁵⁵ and European AIDS Clinical Society (EACS)⁵⁶ antiretroviral guidelines consider the use of maraviroc as an acceptable or alternative regimen for antiretroviral-naïve patients. Therefore, maraviroc use might be considered in drug-naïve patients in special clinical situations, such as the presence of primary resistance, or in case of toxicity/intolerance to drugs included in first-line therapy. In these situations, it is advisable to determine HIV tropism closest to antiretroviral therapy initiation to avoid potential tropism evolution between tropism determination and the time of starting maraviroc therapy. Viral tropism evolves in the course of HIV infection, and switches in viral tropism from R5 to X4 might occur before HAART initiation^{5,6}.

Antiretroviral-experienced patients (AIII)

Assessment of HIV tropism is recommended in all patients who experience virologic failure. Viral tropism information should be available together with each drug resistance test to facilitate the design of an optimal rescue therapy.

Antiretroviral-experienced patients under suppressive antiretroviral therapy (CIII)

In those patients under suppressive antiretroviral therapy in which a switch to maraviroc is being planned for any reason (intolerance/toxicity, drug-drug interactions,

and simplification or intensification strategies), HIV tropism could be performed genotypically from peripheral blood mononuclear cells (PBMC). Although there is as yet scarce data regarding the clinical validation of this therapeutic strategy, the results reported to date support the use of this tool to guide the use of maraviroc in this scenario⁵⁷⁻⁵⁹. There are ongoing prospective clinical trials to validate the determination of HIV tropism from proviral DNA to guide the use of CCR5 antagonists in HIV patients under suppressive anti-HIV therapy.

As an alternative, HIV tropism might be also determined from viremic plasma samples stored (–80°C) right before initiation of the last suppressive antiretroviral therapy, as long as full HIV-1 plasma suppression (< 50 copies/ml) has been maintained. Several studies have demonstrated a relatively good correlation (~82%) between RNA and DNA tropism estimations using genotypic methods⁵⁷⁻⁵⁹. Moreover, the rate of HIV tropism switches over time under suppressive HAART has been estimated. Overall, viral tropism switches from R5 to X4 are rare and ranged from 6.1 to 14.9%, depending on the time of follow-up considered and the type of sample analyzed (RNA vs. DNA)^{57,60-62}.

Technical and methodological recommendations for proper V3 genotyping in the clinical setting

The specific methodological recommendations for determining HIV tropism in the clinical setting have been improving, according to new data reported in several studies related with this issue (Table 4). In this context, there are recently published data of particular relevance for V3 genotyping that must be taken into consideration.

Table 4. Technical and methodological recommendations for determining HIV tropism in the clinic

Topic	Specific recommendation	Grade	Comments
Report	R5 tropism/X4 tropism	AIII	Genotypic assays based on bulk sequencing cannot distinguish between dual/mixed tropic variants. When geno2pheno is used for HIV tropism interpretation, it is recommended to include the percentage of FPR in the report as a comment. Moreover, when V3 genotyping is performed from non-B subtype samples, it should be indicated
Interpretation	In parallel together with the resistance test for RT, protease, integrase and fusion inhibitors	AIII	CCR5 antagonist might be considered similarly to other drugs in rescue therapies
	Geno2pheno FPR 10% and/or (http://coreceptor.bioinf.mpi-inf.mpg.de/)	All	In case that V3 genotyping is performed using one single RT-PCR
	PSSM X4R5/SiNSi (http://indra.mullins.microbiol.washington.edu/webpswsm/) Geno2pheno FPR: 5.75%	All	In case that V3 genotyping is performed using three RT-PCR
Plasma volume	≥ 500 µl	All	Increase the sensitivity to detect X4-tropic variants
Proviral DNA	When HIV RNA viral load is ≤ 500 copies/ml or RNA amplification from plasma samples is not possible	BII	There are several data outside clinical trials in cohorts of patients in which maraviroc therapy was initiated based on HIV tropism determination using geno2pheno with a FPR of 10 or 20%
	Interpretation: geno2pheno 10-20%	BII	
Sequence analysis	It is indicated to expand the V3 sequence in the case of nucleotide mixtures in all possible permutations	AIII	Increase the sensitivity to detect X4-tropic variants
	If the V3 sequence has ≥ 8 nucleotide mixtures, do not consider it for subsequent analysis	AIII	A heterogeneous V3 sequence might cause errors during interpretation
Non-B subtypes	To advise in the HIV tropism report regarding the poor correlation between genotypic and phenotypic methods for HIV tropism determination in non-B subtypes compared with B	AIII	The overall correlation between genotypic and phenotypic methods for the detection of X4-tropic variants is lower in non-B subtype samples than in B. Moreover, the higher genetic variability among V3 sequences from non-B subtypes might lead to inaccuracies in the HIV tropism predictions. To date there is scarce data regarding the feasibility of genotypic and phenotypic tools to predict clinical response to maraviroc in non-B subtypes patients
	Interpretation: as for B subtypes, except for subtype C variants for which there is a specific matrix ("matrix C") in PSSM website		

Strength of recommendation. A: strong recommendation for the statement; B: moderate recommendation for the statement; C: optional recommendation for the statement.
 Quality of evidence for recommendation. I: one or more randomized trials; II: one or more well-designed, nonrandomized trials; III: expert opinion.

Choosing the best algorithm for viral tropism interpretation (All)

Although there are several rules and algorithms available for viral tropism interpretation³⁹⁻⁴⁹, geno2pheno⁴⁷ and PSSM⁴⁸ are considered the most appropriate for

use in the clinical setting. Both have demonstrated to be comparable with Trofile™ to identify responders and nonresponders to maraviroc¹²⁻¹⁸. For each algorithm, it is possible to obtain different rates of sensitivity to detect X4 variants depending on the false-positive rate (FPR) used in the case of geno2pheno or the matrix

selected for interpretation in the case of PSSM (R5X4 or SINIS). An increase in sensitivity for the detection of X4 variants is accompanied by a loss in specificity.

Seclén, et al. have recently reported a high concordance (88%) between PSSM and geno2pheno in the genotypic interpretation of HIV-1 tropism in clinical samples⁶³. However, at this time, geno2pheno is one of the most accepted and widely used algorithms for genotypic determination of viral tropism⁴⁷. The main disadvantage of this algorithm was that the server does not allow batch predictions of V3 sequences; therefore, V3 sequences should be introduced independently. However, the latest version of geno2pheno allows analyzing up to 50 V3 sequences simultaneously. Although this option does not automatically give the HIV tropism interpretation (R5 tropic or X4 tropic), it generates a FPR for each V3 sequence that can be interpreted subsequently. Geno2pheno also gives the opportunity to introduce additional clinical data (HIV RNA levels, CD4⁺ counts, and the presence of the Δ 32 deletion in the CCR5 gene) to improve the accuracy of predictions. However, this model is only based in V3 sequences from antiretroviral-naïve patients and to date it has not been validated. Therefore, the use of these clinical parameters is not recommended for HIV tropism interpretation in clinical practice. As mentioned before, geno2pheno permits the selection in each prediction of the degree of sensitivity to detect X4 variants choosing different FPR. A higher FPR indicates a more sensitive prediction for the detection of X4 variants, but a lower specificity for the detection of R5 viruses. Considering the data published to date, the recommendations are to use a FPR of 5.75 or 10% based on the number of reverse transcriptase polymerase chain reaction (RT-PCR) assays performed for V3 genotyping.

Single versus triplicate (All)

The number of RT-PCR assays needed for V3 genotyping has been a cause of debate. In a reanalysis of the MOTIVATE and MERIT trials, in which V3 genotyping was clinically validated to discriminate between responders and nonresponders to maraviroc, the number of RT-PCR assays performed was three. The performance of three RT-PCR has demonstrated to increase the sensitivity to detect X4 variants from 4 to 8% compared with the performance of a single PCR using geno2pheno with a FPR of 5.75%. More recently, Swenson, et al. have presented new data of this reanalysis using geno2pheno with a FPR of 10%, and the rates of virologic response to maraviroc are comparable

either using a single or three RT-PCR⁶⁴. Therefore, whether V3 genotyping is realized using one single PCR, the recommendation is to use geno2pheno with a FPR of 10%.

Non-B subtypes (All)

The overall sensitivity of genotypic methods for the detection of X4 variants is lower in non-B HIV-1 subtypes than for B subtypes. For example, using geno2pheno with a 20% FPR, the sensitivity to detect X4 variants was 94% for B subtypes and 63% for non-B ones, considering as gold standard the phenotypic assay HIV-1 Phenoscrypt EnvTM (VIRalliance, France). Similarly, in the same set of samples, the sensitivity to detect X4 variants using PSSMr5x4 was 89% for clade B and 58% for non-B subtypes⁶⁵. The feasibility of genotypic tools was also evaluated for specific HIV-1 subtypes (CRF02_AG, G and C)⁶⁵⁻⁶⁷. Subtypes CRF02_AG and G are the most prevalent in Spain (47%)⁶⁸ and several other European countries⁶⁹. The sensitivity of geno2pheno (FPR 10%) and PSSMr5x4 to detect X4 variants in specimens from patients infected with CRF02_AG and G was 71%⁶⁵. In patients infected with subtype C, the most prevalent worldwide⁷⁰, it is recommended to use a specific matrix of PSSM for samples from HIV-1 subtype C-infected patients, showing a sensitivity of 93%⁶⁷.

The algorithms for HIV tropism interpretation currently in use are based on paired genotypic/phenotypic databases constituted by 100 to 1,100 V3 sequences with paired phenotypic data⁴⁵. From these, the number of V3 sequences with paired phenotypic data from non-B subtypes is very limited and might explain the overall poor performance of genotypic methods in non-B subtypes. Moreover, the higher genetic variability among V3 sequences from non-B subtypes might lead to inaccuracies in HIV tropism prediction in non-B subtypes. To date, there is scarce data regarding the feasibility of genotypic tools to predict clinical response to maraviroc in patients infected with non-B subtypes. A recent report from a small cohort of HIV-infected patients has shown that the clinical response to maraviroc was comparable between B and non-B subtypes using geno2pheno (FPR 20%)⁷¹.

New data in proviral DNA (BII)

Genotypic determination of HIV tropism from proviral DNA is indicated in patients with HIV RNA \leq 500 copies/ml or in those in which RNA amplification from plasma samples is not successful. The biological specimen

should be complete blood from which DNA can be extracted directly or from PBMC obtained by conventional methods. In this case, the use of geno2pheno using a FPR of 10 or 20% is recommended. New data from retrospective analyses of the MOTIVATE/A4001029 trials in antiretroviral-experienced patients have demonstrated that HIV tropism determination from proviral DNA is a good predictor of virologic response to maraviroc, comparable to Trofile™ and ESTA⁷². There are several data outside clinical trials in cohorts of patients in which maraviroc therapy was initiated based on HIV tropism determination using geno2pheno with a FPR of 10 or 20%. In these studies, the rates of virologic response to maraviroc were up to 82%¹⁶⁻¹⁸ (Table 2). At this time, a prospective validation of the use of proviral DNA for HIV tropism determination to guide the use of CCR5 antagonists in clinical practice is ongoing in Europe.

HIV tropism report (AIII)

The HIV tropism report needs to be clear and easily understood. It is recommended to use terms such as “R5-tropic” or “X4-tropic” instead of terms like “CCR5-antagonists like maraviroc are likely to be or not effective”. When geno2pheno is used for HIV tropism interpretation, it is recommended to include the percentage of FPR in the report as a comment. This data might be helpful for the clinicians because it gives additional information regarding the probability of the sample to be R5-tropic. Considering a FPR of 10% for interpretation, when the FPR value is ≥ 10 , there is a high probability of R5 tropism, and conversely, when the FPR value is closer to zero, there is a high probability of X4 tropism⁴⁷. Moreover, for V3 sequences from non-B subtype, it is recommended to include in the report a note highlighting the poor correlation between genotypic and phenotypic assays for HIV tropism determination in these samples.

New technologies: massive pyrosequencing by 454

Virologic failure to CCR5 antagonist-based therapies is mainly characterized by the selection of X4 viruses that preexist as a minority population before antiretroviral therapy initiation, below the detection level of the assay. Indeed, phylogenetic analysis demonstrated that X4-tropic variants detected in patients failing CCR5-antagonist-based therapy are identical to X4 variants present as minor populations before treatment initiation. The relevance of the presence of minority X4 viruses in the virologic efficacy of CCR5 antagonists

was reported in the MERIT trial, which evaluated the safety and efficacy of maraviroc vs. efavirenz, each in combination with zidovudine and lamivudine, in drug-naïve HIV-1 patients. In this study, maraviroc only showed non-inferior efficacy to efavirenz in terms of virologic efficacy (68.5 vs. 69.3%, respectively)¹³, when at baseline, only those subjects with R5 viruses identified with ESTA, more sensitive for the detection of X4 variants, were considered.

The use of deep-sequencing technology has allowed investigation of whether improvements in prediction of X4 variants can be achieved by searching a larger number of genomes in comparison with the use of conventional (“bulk”) sequencing with sensitivity for the detection of minority variants in the range of 10-20%. Therefore, deep sequencing provides a unique opportunity to enhance the sensitivity for identification of minority variants, including those from X4-tropic viruses.

Currently, 454 (454 Life Sciences/Roche Diagnostics) is the best-adapted platform of massive sequencing for determining viral tropism⁷³. This technology has recently demonstrated to be comparable to Trofile™ and ESTA to predict virologic response to maraviroc in naïve and antiretroviral-experienced patients⁷⁴. Moreover, the Max Plank Institute has developed a new tool for viral tropism interpretation for V3 sequences derived from 454, named geno2pheno-454, which is freely available at <http://g2p-454.bioinf.mpi-inf.mpg.de/index.php>. This tool generates data regarding the number of unique V3 sequences and the total percentage of X4 viruses in the viral population using different FPR. At this time, the best cutoffs for the detection of X4 variants that could more accurately predict responders and nonresponders to CCR5 antagonist-based therapy using 454 are still controversial. In a reanalysis of the maraviroc clinical trials (MOTIVATE/A4001029 and MERIT), 454 technology demonstrated to be comparable to ESTA in the prediction of virologic response to maraviroc, considering X4 if $\geq 2\%$ of the V3 sequences analyzed have a FPR $\leq 3.5\%$ ^{74,75}. Moreover, the proportion of X4 variants in plasma samples was inversely associated with the rate of virologic response to maraviroc in antiretroviral-experienced patients. In addition, similar to other antiretroviral regimens, the virologic response to CCR5 antagonists might be also influenced by other parameters such as baseline CD4⁺ counts⁵⁰ or the number of active drugs in the therapeutic regimen⁵¹.

The accuracy of 454 technology to identify responders and nonresponders to maraviroc from proviral DNA (PBMC samples) has recently been assessed in 181 patients enrolled in the MOTIVATE/A4001029 trials. Here,

the prediction of virologic response using 454 was poorer when V3 sequences were obtained from PBMC than from plasma⁷². The poorer performance in viremic PBMC samples may be due to higher variability in this compartment. Indeed, a recent phylogenetic analysis performed by Pou, et al. demonstrated a high degree of virus compartmentalization in plasma and PBMC using V3 sequences from either plasma or PBMC, which might explain the results obtained⁷⁶.

Interpretation of the large amount of sequencing data generated by each sample remains challenging. Moreover, deep sequencing is a sophisticated and very expensive method that is only available in a few research facilities. However, these technical and economic limitations are being resolved with the advent of new cheaper generations of this technology, such as 454 Junior (www.454.com), and the development of new tools such as geno2pheno-454 that facilitate the interpretation of a large amount of data generated by this technology.

Conclusions

Current HIV treatment guidelines recommend HIV tropism testing whenever the use of a CCR5 inhibitor is being considered. The use of genotypic methods for HIV tropism determination has been widespread in the last two years, especially in Europe, replacing the phenotypic assays. Indeed, different guidelines for HIV-infection management specifically include within their recommendations the use of genotypic methods to guide the clinical use of CCR5 antagonists. The specific methodological recommendations for determining HIV tropism in the clinical setting have been improved according to the new data reported. At this time, geno2pheno is one of the most accepted and widely used algorithms for interpretation of the genotypic determination of HIV tropism. When V3 genotyping is performed using a single PCR, it is recommended to use geno2pheno with a FPR of 10%. In patients under suppressive antiretroviral therapy in which a switch to maraviroc is planned for any reason (intolerance/toxicity, drug-drug interactions, and simplification or intensification strategies), HIV tropism could be performed from proviral DNA. The data reported to date, although scarce, support the use of this tool to guide the use of maraviroc in this scenario. A prospective validation of the use of proviral DNA for HIV tropism determination to guide the use of CCR5 antagonists in clinical practice is currently ongoing. The clinical and methodological recommendations updated in this review may be useful for the proper performance of genotypic HIV tropism determination in the clinical setting.

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